



Mastering Life in Late Chosôn: A Woman's Guidebook to Everyday Life



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Abstract

This talk will examine the Kyuhap ch'ongsô [The Encyclopedia of Daily Life], which was compiled by Lady Yi Pinhôgak (1759-1824) in the early years of the nineteenth century. The work was meant to be a guide to knowledge that womenfolk needed to properly manage a household and was passed on to her daughters and daughters-in-law. I will examine two of the five volumes of the work that cover food and drink, and prenatal care, medicine, and first aid. The work gives great insight into what upper status women held to be important during this period and how they sought to achieve their goals. Lady Yi used various sources for her work including those written in Literary Chinese, Korean, and also oral knowledge that must have circulated widely at the time. The result is a work unlike any other that gives readers a small glimpse into the lives of upper status women during this time.

To read the speaker's bio and extended abstract, please visit our website.



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